



# The Wonder of Eve

understand the power and strength created within the female body

The Wonder of Eve is a fresh and engaging presentation, helping young women understand how naturally amazing their bodies are and the impact their choices can have on their future health and fertility.

*"Why didn't I know this years ago?"*

We often hear this from our Natural Family Planning clients. **Even as a young woman, they wish they had known this about their bodies!**

## The Wonder of Eve covers:

- the marvelous design and function of the female body and reproductive system/menstrual cycles
- a brief introduction to tracking cycles—a unique approach to women’s healthcare, no matter the stage in life
- ways to take good care of yourself now, to benefit you in the future.

**Saturday July 22, 2023 at 10:30 AM**  
**Mount Carmel St. Ann’s, Conference Room A**  
**500 S. Cleveland Ave, Westerville, OH**

Geared toward girls in grades 9-12  
Presented by a RN/FertilityCare Practitioner  
60 minute presentation including Q & A

 **Watch the Trailer Video!** [bit.ly/WonderofEveTrailer](https://bit.ly/WonderofEveTrailer)



<https://www.mountcarmelhealth.com/classes-groups-events/wonder-of-eve-program-for-teen-girls>

For more information contact: [freedomfertilitycare@gmail.com](mailto:freedomfertilitycare@gmail.com)